

HAYWARD CONTRA DANCE

(NOW SPONSORED BY THE BAY AREA COUNTRY DANCE SOCIETY) www.BACDS.org/HAYWARD

JANUARY – MARCH 2020

January 26



3:30–7 pm
beginning with
a 30-minute
lesson

Eric Black calling with **BLAM!**

Marta Lynch fiddle

Bob Silberstein piano, doumbek

Elizabeth Todd flutes, whistle, bodhran, feet

*Dinner after the dance at **Favorite Indian***



February 23



3:30–7 pm
beginning with
a 30-minute
lesson

Erik Hoffman calling with **Try-Works** [Seattle]

Alex Sturbaum guitar, foot percussion

Penka Jane Culevski fiddle

*Dinner after the dance at **Don Jose***



March 22



3:30–7 pm
beginning with
a 30-minute
lesson

Erik Hoffman

leading the **Community Band**

*Dinner after the dance at **China Garden***



March 29



4-7:15 pm

Zesty Dance

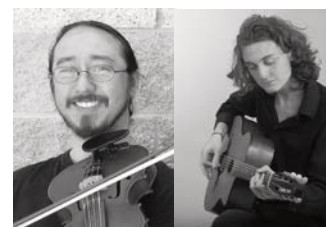
No lesson

Mavis McGaugh calling with

Will Wheeler fiddle, feet

Simon Lace Guitar

*Dinner after the dance at **Favorite Indian***



What is Contra Dance?

Contra Dance is a traditional American folk dance, taught and prompted by a caller and danced to live music from Ireland, Appalachia, New England, and beyond. No experience, partner, or special clothes or shoes needed. It's community-oriented, good exercise, and terrific fun!

When: Fourth Sundays, 3:30 pm to 7:00 pm
(begins with a 30-minute orientation lesson)
Fifth Sundays, 4:00 pm to 7:15 pm
(Advanced dance, no lesson)

Where: Hill and Valley Club, 1808 B St (at Linden), Hayward CA

Price: (unless otherwise noted) \$12 or pay as you can.
\$10 for members of BACDS (or CDSS or affiliates)
Students & low income: \$6. Under age 12 **FREE**.

Parking: If lot is full, you may use the church lot across the street.

Transit: 1.4 miles east on B Street from Hayward BART.

Our Philosophy

*** This is a Community Dance ***

*** Anyone Can Dance with Anyone ***

Embrace variety. Dance with someone you don't know, someone of a different experience level, and someone you love dancing with.

Please do not "book ahead."

Dance either role, as you choose.

No partner required. Same-sex couples fit in fine.

Never danced? Need a refresher? Attend the pre-dance intro lesson.

Please be fragrance-free out of consideration for those with allergies.

Please bring snacks to share at the break: finger foods and healthier items are especially welcome.

Lend a hand: set up, clean up, make it happen.