



BACDS Presents

An English Country Dance Style Workshop



St. Mark's Episcopal Church
600 Colorado Ave., Palo Alto

Saturday, Feb 1, 2020
2:00 - 5:00 pm
Price: \$20

Taught by: **Bruce Hamilton**

Music by: **Bill Jensen and Mary Tabor**

This year's workshop is for experienced dancers who want to keep growing in skill. There are several dimensions in which we can grow:

- A fresh look at fundamentals always reveals new or deeper places and ways to apply them.
- Now that you are comfortable with figures, timing, etc., you can attend to fine details such as when, how and why to release hands. Those can improve your partner's dancing, often without their noticing.
- Where you place your attention affects how you move, how you hear the music, and what it feels like to dance with you.

Bruce will teach 2–3 points in each of those dimensions and let you practice with a dance that illustrates each. There will also be one dance at the experienced level, just for fun.

More info at:
www.bacds.org/ecdstyle