

# HAYWARD CONTRA DANCE

(now sponsored by the Bay Area Country Dance Society) [WWW.BACDS.ORG/HAYWARD](http://WWW.BACDS.ORG/HAYWARD)

## January – March 2017



### January 22



4-7:00 pm  
lesson: 3:40

**Nick Cuccia** calling with **BLAM!**

**Bob Silberstein** piano, doumbek  
**Lizabeth Todd** flutes, whistle, bodhran, feet  
**And**  
**Marta Lynch** fiddle



### January 29



Zesty dance  
4-7:15 pm  
no lesson

**Jacquie Grennan** calling with **Mason & Weed**

**John Weed** fiddle  
**Stuart Mason** guitar, mandola  
(2/3 of *Molly's Revenge*)



### February 26



4-7:00 pm  
lesson: 3:40

**Mavis McGaugh** calling with **Star Thistle**

**Cheryl McKinney** keyboard  
**Lonna Whipple** fiddle  
**David Wright** fiddle, mandolins



### March 26



4-7:00 pm  
lesson: 3:40

**Celia Ramsay** calling with **Mercury Rising**

**Ruth Anne Fraley** keyboard  
**Lee Anne Welch** fiddle  
**Topher Gayle** mandolin



### What is Contra Dance?

**Contra Dance** is a traditional American folk dance, taught and prompted by a caller and danced to live music from Ireland, Appalachia, New England, and beyond. No experience, partner, or special clothes or shoes needed. It's community-oriented, good exercise, and terrific fun!

**When:** Fourth Sundays, 4:00 pm to 7:00 pm  
(Orientation lesson at 3:40 pm)  
Fifth Sundays, 4:00 pm to 7:15 pm  
(Advanced dance, no lesson)

**Where:** Hill and Valley Club, 1808 B St (at Linden), Hayward CA

**Price:** \$10 unless otherwise noted, or pay as you can.  
Students & ages 20-25: \$5. Under age 20 **FREE**.

**Parking:** If lot is full, you may use the church lot across the street.

**Transit:** 1.4 miles east on B Street from Hayward BART.

### Our Philosophy

\* **This is a Community Dance** \*

\* **Everyone Dances with Everyone** \*

Embrace variety. Dance with someone you don't know, someone of a different experience level, and someone you love dancing with.

*Please do not "book ahead."*

Dance either the "Gent/Lark" or "Lady/Raven" role, *as you choose*.

*No partner required. Same-sex couples fit in fine.*

Never danced? Need a refresher? Attend the pre-dance intro lesson.

*Please be fragrance-free out of consideration for those with allergies.*

Please bring snacks to share at the break: finger foods and healthier items are especially welcome.

*Lend a hand: set up, clean up, make it happen.*