HAYWARD CONTRA DANCE

(now sponsored by the Bay Area Country Dance Society) WWW.BACDS.ORG/HAYWARD

January – March 2017



January 22

4-7:00 pm lesson: 3:40

Nick Cuccia calling with **BLAM!**

B ob Silberstein piano, doumbek L izabeth Todd flutes, whistle, bodhran, feet

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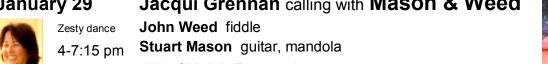
M arta Lynch fiddle



Zesty dance no lesson

Jacqui Grennan calling with Mason & Weed

(2/3 of Molly's Revenge)



February 26



Mavis McGaugh calling with Star Thistle

Cheryl McKinney keyboard 4-7:00 pm Lonna Whipple fiddle

David Wright fiddle, mandolins

March 26



lesson: 3:40

Celia Ramsay calling with Mercury Rising

Ruth Anne Fraley keyboard 4-7:00 pm Lee Anne Welch fiddle Topher Gayle mandolin







What is Contra Dance?

Contra Dance is a traditional American folk dance, taught and prompted by a caller and danced to live music from Ireland, Appalachia, New England, and beyond. No experience, partner, or special clothes or shoes needed. It's community-oriented, good exercise, and terrific fun!

When: Fourth Sundays, 4:00 pm to 7:00 pm

> (Orientation lesson at 3:40 pm) Fifth Sundays, 4:00 pm to 7:15 pm (Advanced dance, no lesson)

Where: Hill and Valley Club, 1808 B St (at Linden), Hayward CA

\$10 unless otherwise noted, or pay as you can. Price:

Students & ages 20-25: \$5. Under age 20 FREE.

Parking: If lot is full, you may use the church lot across the street.

Transit: 1.4 miles east on B Street from Hayward BART.

Our Philosophy

* This is a Community Dance * * Everyone Dances with Everyone *

Embrace variety. Dance with someone you don't know, someone of a different experience level, and someone you love dancing with.

Please do not "book ahead."

Dance either the "Gent/Lark" or "Lady/Raven" role, as you choose.

No partner required. Same-sex couples fit in fine.

Never danced? Need a refresher? Attend the pre-dance intro lesson.

Please be fragrance-free out of consideration for those with allergies.

Please bring snacks to share at the break: finger foods and healthier items

are especially welcome.

Lend a hand: set up, clean up, make it happen.