What’s aerobic, flirtatious, fun, and as American as apple pie?

Contra Dancing, that’s what

Contra Dancing has roots that go back to the earliest Colonial times. Over the years, it has grown with America, picking up influences from New England, Appalachia, the South, Cajun Country, and the West. Two lines of dancers trace intricate patterns to energetic live music: Jigs and reels from American, British, Cajun, and Celtic traditions.

SWING YOUR PARTNER INTO THE 21ST CENTURY.
COME TRY IT FOR YOURSELF.

Live music
Easy to learn
No partner necessary
All dances taught and called
New dancers are always welcome

To maximize your dancing pleasure, please bring clean, soft-soled shoes with low or no heels, wear comfortable, lightweight clothing, and refrain from using hairspray or perfumes.

See other side for times and locations

Produced by the Bay Area Country Dance Society...

CONTRA DANCING IN THE BAY AREA

Berkeley 1st/3rd/5th Weds, 8-10:30 pm $9
Christ Church Berkeley, 2138 Cedar St Lesson: 7:30 pm
bacds.org/series/contra/#gnc

Canyon 1st Saturdays, 8-11 pm $7
Canyon School, Pinehurst Rd Potluck, 6:40 pm, Lesson: 7:30 pm
home.ix.netcom.com/~rtnews1/canyon.html

Felton 1st/3rd/5th Fridays, 8-11 pm $10
Felton Community Hall, 6191 Hwy 9 Lesson: 7:40 pm
santacruzdance.org

Hayward 4th/5th Sundays, 4-7 pm $10
Hill & Valley Club, 1808 B St Music jam: 3:00, Lesson: 3:30 pm
haywardcontradance.org Dinner afterwards

Palo Alto 2nd/4th/5th Saturdays, 8-11 pm $10
1st United Methodist Church, 625 Hamilton bacds.org/series/contra/#pa

Petaluma 1st Sundays, 6:30-9:30 pm $10
Petaluma Woman’s Club, 518 B St Lesson: 6:00 pm
nbcds.org/contras.html#petaluma

Queer Contra 1st Saturdays, 8-10:30 pm $10
Oakland: Humanist Hall, 390 27th St (near Broadway) Lesson: 7:45 pm
queercontra.org Potluck 6:30 pm sometimes

San Francisco 1st/3rd Sat., 4th Fri, 8-11 pm $10
St. Paul’s Church, 43rd and Judah Lesson: 7:30 pm
bacds.org/series/contra/#sf

San Rafael 2nd Saturdays, 8-11 pm $10
Masonic Hall, 1010 Lootens Pl, btwn 4th & 5th Lesson: 7:30 pm
nbcds.org/contras.html#sanrafael

Santa Rosa 3rd Fris, 5th Sats, 8-11pm $10
Monroe Hall, 1400 W College Ave Lesson: 7:30 pm
nbcds.org/contras.html#santarosa

Sebastopol 4th Saturdays, 8-11 pm $10
Wischemann Hall, 499 Morris St Lesson: 7:30 pm
nbcds.org/contras.html#seb

Walnut Creek 2nd Sundays, 4-7 pm $10
Mt Diablo UU Church, 55 Ecley Lane Lesson: 3:30 pm
haywardcontradance.org

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