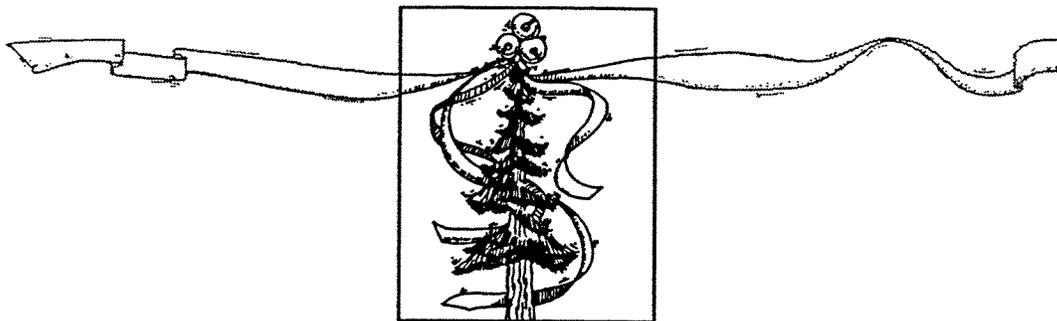


BACDS ENGLISH WEEK



The Official April 2010 Camper Packet!

Welcome to English Dance and Music Week 2010 at the Mendocino Woodlands. Here is the information to help you plan your travels and camp experience and surveys to help us meet your needs. Contents of the packet include:

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We’ll send you a second packet in June with more details about getting to camp, things to bring, special events, and more. In the meantime, please contact us with questions, ideas for parties, or anything else to make this year’s English Week one to remember!

Loretta Guarino Reid, camp manager
Denis Thalson, registrar
. . . and the entire English Week Committee

General Camp Information

Preparing – what you should do now.

1. Submit your **camper chore questionnaire** and **program questionnaire** on-line at our web site, <http://bacds.org/camps/eweek2010> (scroll to the bottom of the page to see the links), *or* fill out paper versions at the end of this packet and mail each to the address at the bottom of the form no later than June 1.
2. Print out the payment and cabin selection form (last page of this document) and send it with any payment due to registrar Denis Thalson at the address on the form no later than June 1.

Payment and Cancellation Information

Cancellations: While we hope this won't happen, if you find you must cancel, please notify the registrar, Denis Thalson (510-704-9561, dthalson@earthlink.net), as soon as possible. If we have a wait list at that time, your cancellation may allow someone else to come to camp. Your cancellation is not confirmed until Denis has spoken with you or replied to your email. Please note that the \$150 deposit is non-refundable through June 1. Starting June 2, we will retain \$400 if we are unable to fill your place from a wait list, \$150 if we are able. The full fee is non-refundable after June 28.

Payments: Full payment of any registration fee balance (as stated in the acceptance e-mail you received) is due by June 1. Print out the form on the last page of this packet and send it with your check made out to BACDS to registrar Denis Thalson.

Camp Overview

- **Camp will open at 4:00 p.m. on Saturday, July 10.** Dinner will be served that evening and will be followed by a dance. The week will close at 10 a.m., after breakfast on **Saturday, July 17.**
- **Accommodations** are rustic cabins shared by two persons, and have **no electricity.** There are no laundry facilities at camp, so bring plenty of clean, dry clothes for warm and cool weather.
- We will provide fragrance-free soap, shampoo, conditioner, and body lotion for all campers to use. Please see the **fragrance-free** information below for fragrance-free personal items to bring.
- Your **camper chore** assignment, description, and instructions will be in your welcome packet at camp. To get an assignment that meets your needs, remember to submit your questionnaire right away.

Contact Information:

Registration or cancellation questions. Contact Denis Thalson, (510) 704-9561 or dthalson@earthlink.net.

Rides to and from camp. If you need or can offer a ride to camp, contact Rides Coordinator Alan Winston at winston@ssrl.slac.stanford.edu or (650) 365-2913. If you indicated on the registration form that you need a ride, Alan knows who you are, but you will need to contact him with the particulars.

Program questions. Contact our programmer Jim Oakden, joakden@gmail.com or (831) 479-9533.

Work-Scholarships. Christine Gile can answer questions about scholarship worker duties. Contact her at eweek2010wt@gmail.com or leave a phone message for her at (425) 821-2850 between 9am and 5pm.

Camper Chores. If you have questions about camper chores, contact Victoria Williams at 510-815-2415 (cell) or 510-877-4002 x19 (work) or victoria@berkeley.edu

Anything else. Contact our camp manager, Loretta Guarino Reid at loretta@guarino.com or (650) 493-6012.

Bookstore

The English Dance Week camp bookstore has a wide variety of offerings by staff members, and hundreds of additional items from the CDSS national store. This is probably the best selection west of the Mississippi for English and American traditional dance books, music, CDs, t-shirts, and great gift items. Shop early—many items are very limited! The bookstore accepts cash or checks; *we cannot process credit or debit card sales.*

Auctions

We have both a live and a silent auction during camp. Start thinking now about goods or services you can donate to make the auction a success. Auction items may be intangible. Services such as private music or dance lessons are always welcome. Consider offering unique events, such as serenades or concerts, offering custom-written dances or tunes, or catering a breakfast in bed. Desirable tangible items have included hard-to-find books, original artwork, handmade comestibles, and vintage dance clothing. Auction income augments camp fees, helping to make camp financially more accessible to everyone. After expenses, remaining funds support all BACDS activities, including future camps.

Ladies Chain Dress Shop (and Men's Shirts too!)

The dress shop has become a fun place to hang out and pick out new-to-you clothing for the dance floor at great prices. An American Week camper provides the seed stock for this amazing operation, but you can donate here too. Bring the good condition (clean) dresses, skirts, and dance shirts you are tired of, and buy someone else's. Most clothing donated for the auction will be sold through the store at very low flat rates. All of the proceeds benefit English Week.

A Safe Fragrance-Free Environment

The Health Issue

A significant number of us suffer from heightened sensitivity to solvents and petroleum products commonly found in perfumed and fragranced commercial products. Exposure to even small amounts of these troublesome chemicals can cause debilitating symptoms, since they can act as respiratory irritants, cardiac stimulants (skyrocketing blood pressure and palpitations), and neurotoxins (causing blurred vision, loss of equilibrium, and mental confusion). Unfortunately, these chemicals are used in many of our daily care and personal hygiene products. Extreme chemical sensitivity results from continued exposure to these products. Even small amounts of fragranced or scented

products used in our camp environment will compound to intolerable levels for our most sensitive community members. **Please work with us in creating an environment that can be enjoyed fully by all members of our community.**

Our Contribution

- 1) BACDS will supply all hand-washing locations with fragrance-free soap.
- 2) All bathhouses will be stocked with fragrance-free body wash, lotion, shampoo, and hair conditioner.
- 3) Mint-based insect repellent and soy-based *Bite Blocker* will be available. Mendocino Woodlands will be deploying *Mosquito Magnets*, which have proved effective in keeping mosquitoes away.

Your Contribution

- 1) Please bring fragrance-free deodorant, powder, body oil, and sun block.
- 2) Please leave your perfume or aftershave lotion, hair spray, dandruff shampoo or hand sanitizers at home.
- 3) Please launder your clothing in unscented laundry detergent, avoiding fabric softener.
- 4) Please completely air out clothing that has been dry-cleaned and avoid clothing that has been stored in mothballs. If you can, wash sweaters, outdoor garments and dressy clothes, too. (These may have picked up fragrance during previous wearings).
- 5) Please be aware that products containing the insect repellents **DEET** or **citronella** can pose a significant problem for chemically-sensitive people, especially in enclosed environments. If you need to use *Bite Blocker* when spending time outdoors, please wash and change into clean clothes before returning to enclosed camp environments.

Suggestions

Fragrance-free products are readily available from natural food and body care retailers and from well-stocked drugstores and supermarkets.

- Deodorant: Tom's of Maine, Le Stick, Jason, The Crystal, Liken, Almay, Mennen Unscented
- Hair Gel: Magick Botanicals, KMS, AloeVera 80
- Fragrance-Free Shaving Cream: Noxzema, Kiss My Face, English Leather
- Bar Soap: Pure & Natural Unscented Glycerin Soap
- Laundry Soap: Arm & Hammer Fragrance Free, All Free & Clear, Trader Joe SoapWorks, Planet, Country Save
- Body Powder: baking soda and/or cornstarch
- Lip Balm: beeswax-based varieties
- Sun Block: Nature's Gate, Neutrogena for Sensitive Skin (Fragrance Free)

If you have any concerns about the use of fragrances or insect repellent at camp, the camp manager will be happy to help resolve them.

Thank you for your active cooperation in making camp welcoming for all.

Local Dances Before and After Camp

While you are in Northern California, we encourage you to attend some of our local dances:

Friday, July 2, 2010 – 8:00 pm

Palo Alto English Dance

TBA

Masonic Temple, 461 Florence St, Palo Alto

www.bacds.org

Friday, July 9, 2010 – 8:00 pm

Mendocino English Dance

Andrew Shaw, Take a Dance Orchestra

Caspar Community Center, Caspar

www.larkcamp.com/mendoengdance.htm

Sunday, July 18, 2010 – 2:00 pm

Sebastopol English Dance (NBCDS)

TBA

Wischemann Hall, 460 Eddie Ln, Sebastopol

nbcds.org

Sunday, July 4, 2010 – 2:00 pm

Sebastopol English Dance (NBCDS)

TBA

Wischemann Hall, 460 Eddie Ln, Sebastopol

nbcds.org

Friday, July 9, 8:00 - 10:30

Bay Area English Regency Society Dance (BAERS)

Alan Winston calling, with Mary Lea,

Jacqueline Schwab

St. Mark's Episcopal Church, 600 Colorado Avenue, Palo Alto

www.baers.org

Saturday, July 24, 2010 – 8:00pm

Berkeley Exper. English Dance (BACDS)

Andrew Shaw calling, with Rebecca King, Jon

Berger, Jim Oakden

Location TBA

www.bacds.org

Class Descriptions

Welcome aboard! We've got a wonderful week of music and dancing planned for you. Here's a description of the classes being offered. Please look it over, mark your probable choices on the Program Questionnaire (on the web at <http://bacds.org/camps/eweek2010>, or print out the form below to mail in), and submit to Jim Oakden by **June 1, 2010**.

Class 1

- Why "Hole in the Wall" isn't a Minuet: Using Baroque Steps in English Country Dances—Carol. We know that Baroque dance steps were used in English country dance in the late 17th and early 18th centuries, but very little specific information survives. In this class we will learn common Baroque dance steps such as minuet, bourée, rigaudon, chassé, gavotte, use them in English country dances and discover why the minuet step is not appropriate for hornpipes (dances in 3/2 meter). The class will focus on dancing more than talking.
- Reconstructing Kynaston —Andrew. An in-depth look at some of Andrew's Kynaston reconstructions in their original form, and consideration of the questions posed in interpreting and adapting them for modern performance.
- Ensemble Playing—Mary. Learn how to take a bunch of individuals and turn them into a band. Beginnings and endings, tempos, solo swapping, arrangements on the fly, harmonic variety, cheap tricks... May digress into alternative styling concepts for ECD.

Class 2

- Farnicle Huggy—Andrew: A selection of dances from *Twenty Four New Country Dances Compos'd by a Person of Quality, 1718*, and from others of the annual sets of *New Country Dances* published by John Walsh in the early 18th century.
- Chording—Jacqueline. Backing up ECD in a flowing, elegant, (non-contr) style, while providing a strong rhythmic underpinning for the dancers. Chord substitutions, solos, rhythmic and harmonic variations. Choosing chords on new tunes with no indicated chords.

Class 3

- ECD: Good to Great—Bruce. Through a series of fun dances to terrific tunes, we'll look at the skills involved in English dancing — moving, giving weight, fitting figures to phrases, etc. For newer dancers, this will provide a solid foundation and may fill gaps left by picking things up on the fly. For experienced dancers, this material is the key to progressing from someone who dances well to someone who inspires a smile in your partner and brings joy to the band.
- Longsword—Kalia. The original Helmsley longsword dance, as notated by Cecil Sharp, was used as material for a series of sword workshops at the Sidmouth Festival in 1979. The resulting dance was further tinkered with by Spen Valley Longsword, and then their version was further tinkered with by me. This 6-person dance incorporates moves characteristic of traditional longsword dances as well as a few

new twists. It's fun to learn and watch, easy enough for beginners but with enough challenges to keep experienced dancers on their toes.

- Melody/Harmony—Peter. We'll work on shaping melody lines and using ornamentation and improvisation to develop ideas. We will also work on technical issues in challenging tunes. Learn what to play when someone else takes the melody line, how to get to the "insides" of a tune, and how to join the melody and the backup rhythm. And we'll have fun playing beautiful music together!

Class 4

- ECD: Twenty four Old English Country Dances for the Year 2010—Andrew. A selection of 17th and 18th century dances from a variety of sources will make up this anachronistic annual set.
- Callers Workshop—Bruce. "Communication before choreography, dancers before dances". This is open to all levels, and we particularly encourage experienced callers who want to keep to growing. We'll have sessions on theory (managing the dancers' mental load, basic musical concepts, stage fright, etc.) and also practice-calling.
- Camper Band—Rebecca. Join with your fellow campers to provide glorious music for the Wed. night Camper-led dance. From the professional to the novice, all abilities levels and instruments are welcome and encouraged. This class will form into bands and rehearse the tunes, with coaching on playing for dances by Rebecca King.

Teatime

- Singing Class – Tina. EnChantMent! Everyone is welcome. You do not need to be a "good singer." The majority of our time will be spent on simple but profound (or quite silly) chants, rounds, and part-songs in harmony from the British Isles, America, and Africa. We will also learn one complex multi-part harmony song per session. EnChantMent! sessions are both soul-uplifting and a lot of fun.

Class 5

- ECD for all: A Potpourri—Bruce. This session will explore the breadth of the English Country Dance literature: centuries, formations, energy levels, social classes, rhythms and steps. It is open to all experience levels. Musicians are strongly encouraged to attend.
- English Country Dance Crosses the Channel: Exploring 18th-Century Continental Country Dance Sources —Carol. Longways English country dances were introduced to the French court in 1684 (and may well have been danced there prior to that date.) By the first decades of the 18th century English-style dances had spread throughout Western Europe, as evidenced by the numerous manuscripts and publications that have survived. We will look at sources from France, Belgium, Germany, Italy, and Spain, comparing each country's notation system and approach to the English model. The class will include a mixture of reconstruction/dancing and talking.

Musicians – Bring red and blue Barnes (they will also available for purchase at the bookstore).

And there's more!

- Unstructured, camper-led warm-ups each morning. Wear loose clothing and bring a pad or towel to sit and lie on.
- Back Porch Gathering prior to lunch. Bring a song, tune, story, joke, silly trick, poem... to share.
- Camper's night and Morris tour / pub sing.
- Late night dancing, singing, socializing, and special events such as pub night.
- Afternoon Social Hours, including High Tea and the not-to-be-missed auction.
- BACDS bookstore! Support the staff by purchasing their recordings and books, and explore the special selection of items from the CDSS store. *Cash and checks only, please. No credit cards.*

Program Questionnaire

(To save time and postage, please fill out and submit the on-line version of this form available at <http://bacds.org/camps/eweek2010/program.html>. If that is not convenient, print this form and mail it to Jim Oakden at the address below.)

Name: _____

Please indicate the classes you are most likely to attend. You can change your mind later; this is to help us make initial decisions about where classes will be held.

If a class conflict is particularly painful for you, please rank your choices. Remember, we can't promise a conflict-free schedule. In fact, it's our job to make the class options as appealing and exciting as possible, and it's your job to make hard choices and to pace yourself.

Musicians and callers please also fill in reverse side.

Class 1

_____ *Using Baroque Steps in ECD – Carol*
_____ *Kynaston Reconstruction – Andrew*
_____ *Ensemble Playing – Mary*

Class 2

_____ *ECD: Farnicle Huggy – Andrew*
_____ *Chording – Jacqueline*

Class 3

_____ *ECD: Good to Great – Bruce*
_____ *Longsword – Kalia*
_____ *Melody/Harmony – Peter*

Class 4

_____ *ECD: 17th and 18th Century Dances – Andrew*
_____ *Callers Workshop – Bruce*
_____ *Camper Band – Rebecca*

Teatime

_____ *Singing– Tina*

Class 5

_____ *ECD for all: A Potpourri – Bruce*
_____ *Exploring ECD 18th C. Continental Sources – Carol*

(Questionnaire continues on next page)

(Program Questionnaire, page 2)

Musicians:

If you plan to attend music workshops and/or play for campers' night, please indicate below:

Instrument(s) you play:

Level of experience playing English country dance music (all levels welcome):

Callers:

Mary Devlin is coordinating the callers for the Wednesday camper's night dance. She will set the program by Monday morning so the musicians have time to form bands, learn tunes and get coaching during 1st period camper band class. Please come to camp prepared to give Mary at least three choices of what you might teach by dinner on Sunday. The goal for campers' night is a program of primarily accessible and/or familiar dances and tunes (ideally in red or blue Barnes). If you don't know if a tune will be playable by the camper band, ask one of the staff musicians. If you REALLY want to propose doing a not-in-Barnes dance, please bring a dozen copies of the tune with you to camp. If you have pre-camp questions about calling on Wed contact Mary: mary@mdevlin.com

_____ *I would like to call a dance at campers' night*

If you already have ideas about what you'd like to call, please list them below

Please return this questionnaire by **June 1, 2010** to:

Jim Oakden
2731 Warren St
Santa Cruz CA 95062
831 479-9533
joakden@gmail.com

Camper Chores Questionnaire

Everyone at camp has a small daily chore (generally 20 to 30 minutes) to keep the camp running smoothly. Please fill out this Chore Questionnaire completely and return by **June 1st** to the registrar: Denis Thalson, 1105 Talbot Ave. Albany, CA 94706, or go to <http://www.bacds.org/camps/eweek2010/chores.html> to fill out and submit this form online.

Questions? Contact Victoria Williams at 510-815-2415 (cell) or 510-877-4002 x19 (work) or victoria@berkeley.edu

Name _____ Age _____

Preferred phone (_____) _____ Alternate phone (_____) _____

Email _____

Circle your choices for the jobs you are willing and able to do. Your job assignment will come from these choices. If you have a strong preference for a certain job, please note it. If you have any limitations that make a certain chore impossible for you, please note it. **While we can't promise the chore of your dreams, we will make every effort to accommodate your preferences and limitations.**

If we don't hear from you we'll assume you can do any job...

- | | | | |
|--|-----|----|-----------|
| 1. Will you be in camp early enough to do an early Saturday evening chore? | yes | no | if needed |
| 2. Are you an early bird who prefers a morning job? | yes | no | if needed |
| 3. Are you a night owl who likes to work late in the evening | yes | no | if needed |

Food Service: The Dining Hall Manager will divide meal teams into before, during and after groups. No camper will have to be "on duty" for an entire meal. Please indicate at least one meal that you can work at as most camp chores involve helping at mealtimes!

Breakfast	yes	no	if needed
Lunch	yes	no	if needed
Dinner	yes	no	if needed
Move tables and benches after breakfast (requires lifting)	yes	no	if needed
Move tables and benches before dinner (requires lifting)	yes	no	if needed

Special events:

Banquet (lots of work - but only on Friday, includes moving tables tables [lifting], setting tables, and cleaning up afterwards, packing decorations)	yes	no	if needed
Late Night Events (Pub Night)	yes	no	if needed
Evening snacks (after 10:30 pm)	yes	no	if needed
Afternoon Events (High Tea, picnic, Auction)	yes	no	if needed
Morning coffee barista (before/during breakfast) (do you have barista experience?)	yes	no	if needed

(Questionnaire continues on next page)

(Camper Chores Questionnaire, page 2)

Miscellaneous:

Tidy camp house (straighten up room, sweep floors & steps, pick up stray dishes)	yes	no	if needed
Tidy dance hall (sweep steps, pick up stray dishes, check handwashing stations)	yes	no	if needed
Provide on-call health advice	yes	no	if needed

If you have been to camp before, what is the “chore of your dreams”?

Is there anything else you’d like us to know before we assign your camper job?

Questions? Contact Victoria Williams at 510-815-2415 (cell) or 510-877-4002 x19 (work) or victoria@berkeley.edu

Name _____

Payment and Cabin Preference Form

Cabin Preference: Accommodations at Mendocino Woodlands Camp are rustic wood cabins without electricity, set among redwoods. Cabins are clustered in three groups, each with its own bathhouse with separate men's and women's restrooms, hot showers and electricity.

Wooded Lower Camp = Cabins #1-16. These cabins offer privacy and proximity to the lower parking lots and a central bathhouse. They are reasonably close to the dining hall and camp house, and are the closest cabins to the swimming hole

Middle Camp = Cabins #17-31. These cabins offer close proximity to a central bathhouse and to the dance hall. They are subject to late night and early morning noise because of camp activities. Parking for these cabins is sometimes more remote than for the other Camps, but still within relatively easy walking distance.

Meadows Upper Camp = Cabins #32-46. These cabins are grouped around a central bathhouse, a short walk from Middle Camp. They overlook Beaver Pond and The Meadow, a sunny open area. A few of the cabins have immediately adjacent parking. Tent camping is available in The Meadow, if preferred.

Please rank your preference in order 1-3: 1=first choice, 2=second choice, 3=last choice, or leave this blank to indicate that you have no preference. We will attempt to place you in your first or second choice if possible but cannot promise.

Lower Camp _____ Middle Camp _____ Upper Camp _____

If you have special requirements or requests please let us know:

Roommate preference (name): _____

T-shirts: This year's camp T-shirts, featuring our tree-and-ribbon logo, come in two colors: purple and forest green (view them on-line at <http://tinyurl.com/ty934>). They are fine-quality 100% cotton, and all sizes cost \$15.00. To reserve a shirt, please indicate size and color and send payment with this form. We'll have your t-shirts ready for you at the beginning of camp.

T-shirts (\$15)	Purple	S	M	L	XL	XXL	XXXL	
	Forest Green	S	M	L	XL	XXL	XXXL	T-shirt total: \$ _____

Bedding: This year, bedding is available for \$25 to campers who are flying to camp. Bedding includes sheets and a pillowcase, a bath towel, hand towel, and washcloth, a pillow, and a blanket or quilt. Supplies are limited, and we will fill requests in the order received.

Sets of bedding requested (\$25 each) _____ Bedding total: \$ _____

Nametags: Name as you want it to appear on your nametag: _____

Payment Summary

Camp registration balance due:	\$ _____	(amount shown in the e-mail)
T-Shirt total due:	\$ _____	
Bedding total due:	\$ _____	
Grand total due June 1:	\$ _____	Make checks payable to BACDS.

Please return this form with any payment due to: **BACDS c/o Denis Thalson
1105 Talbot Avenue
Albany, CA 94706-2333**