

HAYWARD CONTRA DANCE

(now sponsored by the Bay Area Country Dance Society) WWW.BACDS.ORG/HAYWARD

January – March 2017



January 22



4-7:00 pm
lesson: 3:40

Nick Cuccia calling with **BLAM!**

Bob Silberstein piano, doumbek
Lizabeth Todd flutes, whistle, bodhran, feet
And
Marta Lynch fiddle



January 29



Zesty dance
4-7:15 pm
no lesson

Jacquie Grennan calling with **Mason & Weed**

John Weed fiddle
Stuart Mason guitar, mandola
(2/3 of *Molly's Revenge*)



February 26



4-7:00 pm
lesson: 3:40

Mavis McGaugh calling with **Star Thistle**

Cheryl McKinney keyboard
Lonna Whipple fiddle
David Wright fiddle, mandolins



March 26



4-7:00 pm
lesson: 3:40

Celia Ramsay calling with **Mercury Rising**

Ruth Anne Fraley keyboard
Lee Anne Welch fiddle
Topher Gayle mandolin



What is Contra Dance?

Contra Dance is a traditional American folk dance, taught and prompted by a caller and danced to live music from Ireland, Appalachia, New England, and beyond. No experience, partner, or special clothes or shoes needed. It's community-oriented, good exercise, and terrific fun!

When: Fourth Sundays, 4:00 pm to 7:00 pm
(Orientation lesson at 3:40 pm)
Fifth Sundays, 4:00 pm to 7:15 pm
(Advanced dance, no lesson)

Where: Hill and Valley Club, 1808 B St (at Linden), Hayward CA

Price: \$10 unless otherwise noted, or pay as you can.
Students & ages 20-25: \$5. Under age 20 **FREE**.

Parking: If lot is full, you may use the church lot across the street.

Transit: 1.4 miles east on B Street from Hayward BART.

Our Philosophy

*** This is a Community Dance ***

*** Everyone Dances with Everyone ***

Embrace variety. Dance with someone you don't know, someone of a different experience level, and someone you love dancing with.

Please do not "book ahead."

Dance either the "Gent/Lark" or "Lady/Raven" role, *as you choose*.

No partner required. Same-sex couples fit in fine.

Never danced? Need a refresher? Attend the pre-dance intro lesson.

Please be fragrance-free out of consideration for those with allergies.

Please bring snacks to share at the break: finger foods and healthier items are especially welcome.

Lend a hand: set up, clean up, make it happen.