

## Fall Frolick Course Descriptions

### **Bruce Hamilton**

“Don't Stop Me Now,” English Country Dancing (**For All**):

The modern English Country Dance repertoire encourages smooth flow from figure to figure. We'll look at what dancers can do, or need to do, to make that happen. We'll notice opportunities that are often missed, and we'll play with dances where a breath, or even a stop, better suits the music or the choreography.

“The Habit: An Unexpected Journey,” English Country Dancing (**Advanced**):

A chance to discover habits you may have picked up in the course of your dancing, possibly including some you would rather not hold onto. The time is too short to discover them all, alas, but we'll find plenty :-)

“Under-Teaching,” Callers Workshop:

I'll adapt this session to questions/concerns/success stories that you bring to it, but the opening theme will be the pros and cons of deliberately under-teaching a dance.

### **Doug Olsen**

“Happy Pre-Happy Hour,” Sing along with Doug!

### **Graham Christian**

“Hidden Gems,” English Country Dancing (**For All**):

Some of the delights of the Fallibroome collections are familiar, but there are many more wonderful dances waiting for the eager dancer. We'll enjoy a variety of dances ranging from the elegant to the flippant.

“Many Moods,” English Country Dancing (**For All**):

English Country Dance finds us and sustains us in many moods--joy, sorrow, triumph, and love. Join me as I offer a sample of a few of my favorites across the spectrum of emotion and experience.

“Modern Masterpieces,” English Country Dancing (**Advanced**):

English Country Dance has been blessed with many remarkable newer dances, ranging from Pat Shaw to Fried Herman to the rising dance devisers of the present day. We'll look at some established favorites, and a few bewitching rarities.

### **Jenny Beer**

“Tweak a Dance,” Choreography Workshop:

We'll take two different dances that don't quite make the grade yet, and have fun in groups of 3-5 experimenting with tweaks to improve them. Inventing better dances is one goal. The other is expanding your ability to experience a dance from various perspectives (social interaction, musical fit, geometry, physical pleasure...), and maybe to go write some good ones of your own.

“Sing and Dance,” English Country Dancing and Singing with Jenny and Shira (**For All**):

We'll dance to tunes that have lyrics, plumbing Shira's large repertoire. If singing while you dance puts you out of breath, come dance and let others sing. If your feet hurt but you like to sing, come add your harmony line.

“Dance Symmetry,” English Country Dancing (**For All**):

We'll look at several kinds of symmetry in English Country dances -- parallel, mirror, repetition, circular, etc. -- and at how the choreography and dancer skill help dancers move from one symmetry to another.

### **Kalia Kliban and Rebecca King**

Open Mic/Open Band:

Callers, come and hone your calling skills with an appreciative and supportive group of dancers, and come dance for the other callers. If you don't have any dance notes, Kalia and Sharon have lots to share. Please bring 4 or 5 printouts of any tunes that aren't in Barnes.

Musicians, come enjoy playing for your dancing friends in a companionable, friendly setting, with Rebecca's gentle guidance to smooth the way. Please bring both Barnes books if you have them, plus a music stand...and your instrument, of course!

### **Maldon Meehan**

“Irish Sean-nós Dance”

Learn Irish Sean-nós Dancing from step one. This class is designed for the absolute beginner. If you have always wanted to learn to step dance this is your chance. Sean-nós, literally meaning old-style, is a highly improvisational, low to the ground, rhythmic dance form. Traditionally a dancer danced solo on the hardwood of a half door or the round top of a barrel; as a result the steps are confined to a small space. In Sean-nós dance, the dancer is tied closely with the

musician and the music. The dancer interprets the music. This class is for all levels. Bring smooth leather, hard soled shoes or taps, comfortable clothes, a water bottle, a notebook and a recording device.

#### **Irish Set Dancing**

Here's a chance to enjoy the most popular form of traditional social dancing in Ireland today. Sets are danced in square formation with intricate and rhythmic footwork. Have fun dancing to reels, jigs, slides, polkas and hornpipes.

#### **Michelle Levy**

Slow Jam:

Come play beautiful slow and moderate tempo tunes from Barnes 1 and 2. Bring your Barnes books if you have them, and your music stands. Advanced players may use this time to improvise harmonies. All musicians are welcome.

#### **Sharon Green**

"Jane Austen for Zombies," English Country Dancing (**For All**):

It is Sunday morning and you want to dance, but you were up till all hours last night and have No Brain Left. Fear no more! Jane Austen for Zombies is your Sunday morning kinder, gentler option: happy dances that strain neither body nor brain, cheerfully danced and cheerfully taught.

#### **Shira Kammen**

\*The Wonderful World of 3/2 and 3/4,\* English Dance Band Workshop:

We'll explore melodies in these meters and address the challenges and delights that arise.

\*Music in a Circle,\* Singing Workshop:

Rounds Singing, with some rounds based on English Country Dance tunes!

#### **Ted Hodapp**

Longsword Workshop:

This class will feature a newly choreographed longsword dance that breaks some of the traditional rules and formats of English longsword. Changing rhythms, asymmetrical patterns, and a newly developed nut make for a dynamic, and exciting dance. The class is available to dancers at all levels, but it is progressive, so later classes assume participation in earlier sessions. Come and have some fun learning this new sword dance!

#### **Wayne Hankin**

"Fipple Flute Play," Winds Workshop:

This little workshop is an intro for those who want to learn various flutes like recorders, ocarinas, gemshorns and others. We expect to have a lot of fun. Instruments will be provided.