



The Official April 2017 Camper Packet!

Welcome to Hey Days 2017, the BACDS English Dance and Music Week at the Bishop’s Ranch in Healdsburg! Here is information to help you plan your travels and camp experience, and some surveys to help us meet your needs. Contents of the packet include:

GENERAL CAMP INFORMATION	2
PREPARING – WHAT YOU SHOULD DO NOW	2
PAYMENT AND CANCELLATION INFORMATION	2
ARRIVAL AND DEPARTURE TIMES	2
TRANSPORTATION TO AND FROM CAMP	2
CAMPER E-MAIL GROUP	3
BOOKSTORE	3
AUCTIONS	3
LOCAL DANCES BEFORE AND AFTER CAMP	4
CONTACT INFORMATION	4
A SAFE FRAGRANCE-FREE ENVIRONMENT	5
CLASS DESCRIPTIONS	6
PROGRAM QUESTIONNAIRE	11
PAYMENT AND HOUSING/FOOD PREFERENCE FORM	13

We’ll send you a second packet in early August with more details about getting to camp, things to bring, special events, and more. In the meantime, please contact us with questions, ideas for parties, or anything else to make this year’s Hey Days one to remember!

*Tom Colton, camp manager,
Cat Fox, registrar,
and the entire English Week Committee*

General Camp Information

Preparing – what you should do now

1. Submit your **program questionnaire** on-line at the Camper Info page on our web site http://www.bacds.org/camps/eweek2017/camper_info/program_quest.shtml or fill out the paper version included at the end of this packet and mail to the address at the bottom of the form no later than July 7, AND
2. Print out the **payment and housing/food preferences form** (last page of this packet) and send it with any payment due to registrar Cat Fox at the address on the form no later than July 7.

Payment and Cancellation Information

Cancellations: If you need to cancel, please notify the registrar, Cat Fox (650-703-2544, bacdsheydaysreg@gmail.com), as soon as possible. Your cancellation may allow someone else to attend camp. Please note that your cancellation is not confirmed until the registrar has spoken with you or replied to your email. Prior to April 14, \$25 of your deposit of \$150 (\$100 for youth and Jude Biggs scholarships) is non-refundable. From April 14 through July 6, \$75 is non-refundable; from July 7 through Aug 6, the full deposit is non-refundable; from Aug 7 to 18, \$300 is non-refundable: After Aug 18, there are no refunds.

Payments: Full payment of any registration fee balance (as stated in the acceptance e-mail you received) is due by July 7. Print out the form on the last page of this packet and send it, along with your check made payable to BACDS, to registrar Cat Fox.

Arrival and Departure Times

Camp will open at 5:00 p.m. on Sunday, August 20; we cannot accommodate early arrivals except for staff and the work-trade crew. If you show up early, you will be turned away at the gate until 5 PM. Dinner will be served that evening, followed by a dance. The week will close at 10 a.m., after breakfast on Sunday, August 27.

Transportation to and from Camp

The Bishop's Ranch is a 1 ½ to 2 hour drive from most parts of the San Francisco Bay Area. Public transportation options from the Bay Area to the Bishop's Ranch are generally expensive. There are buses that run from Bay Area airports to Santa Rosa (www.sonomaairporter.com or www.airportexpressinc.com/home.html), from which it is about a ½ hour drive to Bishop's Ranch. However, there is very limited public transportation from Santa Rosa to Healdsburg, and a cab is the only option for transportation from downtown Healdsburg to the Bishop's Ranch.

Alaska Airlines is the only commercial carrier that offers regular flights to the Santa Rosa airport. Otherwise, we encourage you to fly into Oakland airport if possible, because car rental rates are cheaper than at the San Francisco airport and Oakland is more central for meeting with carpools and shared rental groups. Note that there is easy public transportation (BART and AirBART, www.BART.gov) between the San

Francisco and Oakland airports.

Our transportation coordinator, Alan Winston (winston@slac.stanford.edu or (650) 365-2913), will organize housing and transportation for camp staff. Alan may also be able to answer campers' questions about transportation logistics and options.

Unfortunately, we are not able to organize rides or to arrange pre- and post-camp housing for campers. However, we provide two other ways to facilitate communication among campers to organize their activities before and after camp.

Email Group. In mid-June, we will set up an email group for campers to communicate with each other. Campers can use this group list to plan and organize camp activities and events as well as coordinate rides to and from camp. People will be able to unsubscribe if they do not want to be included in the group. The group will be administered by Alan Winston (winston@slac.stanford.edu or (650) 365-2913).

Preliminary Roster. Also in mid-June, we will distribute a list of who is attending camp, with name, city, and email address, to all campers. If you prefer your information not be distributed, contact the registrar (bacdsheydaysreg@gmail.com) to opt out.

Bookstore

The Hey Days camp bookstore will have a wide variety of music and dance publications and recordings by staff members, and hundreds of additional items from the CDSS national store. This is probably the best selection west of the Mississippi for English and American traditional dance books, music, CDs, t-shirts, and great gift items. Shop early—many items are very limited! The bookstore accepts cash or checks; *we cannot process credit or debit card sales.*

Auctions

We have both a live and a silent auction during camp. Start thinking now about goods or services you can donate to make both auctions fun and successful. Services such as private music or dance lessons are always welcome. Consider offering unique events, such as serenades or concerts, custom-written dances or tunes, or catering a breakfast in bed. Other popular items have included hard-to-find books, original artwork, handmade comestibles, and vintage dance clothing. Auction income helps us keep camp fees as low as possible and allows us to offer work-trade positions and other scholarships, helping make camp financially more accessible to everyone. After expenses, remaining funds support all BACDS activities, including future camps.

Local Dances Before and After Camp

While you are in Northern California, we encourage you to attend some of our local dances. Here are the ECD dances that happen immediately before / after camp. We also expect that some of the Hey Days staff will be calling and playing at other events before and after camp. We will provide more information about those events in the August pre-camp letter. You can also check the BACDS website (www.bacds.org) and NBCDS website (www.nbcds.org).

Friday, Aug 18, 2017 – 8:00 pm
Palo Alto English Dance (BACDS)
Masonic Temple, 461 Florence St,
Palo Alto

Saturday, Aug 19, 2017 – 7:30 pm
Berkeley Exper. English Dance (BACDS)
Christ Church Berkeley, 2138 Cedar St,
Berkeley

Sunday, Aug 20, 2017 – 2:00 pm
Sebastopol English Dance (NBCDS)
Wischemann Hall, 460 Eddie Lane,
Sebastopol

Sunday, Aug 27, 2017 – 2:00 pm
Sebastopol English Dance (NBCDS)
Wischemann Hall, 460 Eddie Lane,
Sebastopol

Contact Information:

Registration or cancellation questions. Contact Cat Fox,
bacdsheydaysreg@gmail.com or (650) 703-2544.

Program questions. Contact our programmer Brooke Friendly,
brookefriendlydance@gmail.com or (541) 778-3109

Work Scholarships. Rosemary Murphree can answer questions about scholarship
worker duties. Contact her at waltzer@sonic.net or at (510) 926-0052.

Information about camper e-list or transportation to and from camp. Contact Alan
Winston, winston@slac.stanford.edu or (650) 365-2913.

Anything else. Contact our camp manager, Tom Colton at tcolton@berkeley.edu or
(510) 847-5771.

A Safe Fragrance-Free Environment

The Health Issue

A significant number of us suffer from heightened sensitivity to solvents and petroleum products commonly found in fragranced commercial products. Exposure to even small amounts of these chemicals can cause debilitating symptoms for some people, since they can act as respiratory irritants, cardiac stimulants (skyrocketing blood pressure and palpitations), and neurotoxins (blurred vision, loss of equilibrium, and mental confusion). Unfortunately, these chemicals are used in many of our daily care and personal hygiene products. Extreme chemical sensitivity can result from continued exposure to these products. Even small amounts of fragranced or scented products used in our camp environment will compound to intolerable levels for our most sensitive community members.

Our Contribution

- 1) BACDS will supply all public bathrooms with fragrance-free soap.
- 2) We will provide fragrance-free body wash, lotion, shampoo, and hair conditioner for your use in your bathrooms. We will maintain a central supply where you can refill containers if you run out during the week.

Your Contribution

- 1) Please bring fragrance-free deodorant, powder, body oil, and sunblock. Fragrance-free products are readily available from natural food and body care stores and from well-stocked drugstores and supermarkets.
- 2) Please leave your perfume, aftershave lotion, hair spray, dandruff shampoo or hand sanitizers at home.
- 3) Please launder all the clothing you bring to camp in unscented laundry detergent, avoiding fabric softener.
- 4) Please air out clothing that has been dry-cleaned and avoid clothing that has been stored in mothballs. If you can, wash sweaters, outdoor garments and dressy clothes if they may have picked up fragrance during previous wearings.
- 5) Bishop's Ranch has few or no mosquitoes. Please be aware that products containing the insect repellents **DEET** or **citronella** can pose a significant problem for chemically-sensitive people, especially in enclosed environments. If you need to use **Bite Blocker** when spending time outdoors, please wash and change into clean clothes before returning to enclosed camp environments.

If you have concerns about the use of fragrances or insect repellent at camp, the camp manager will be happy to help resolve them.

Thank you for working with us in creating an environment that can be enjoyed fully by all members of our community.

Class Descriptions

Welcome aboard! We've got a wonderful week of music and dancing planned for you. Here's a description of the classes being offered. Please look it over, mark your probable choices on the Program Questionnaire on the Web at http://www.bacds.org/camps/eweek2017/camper_info/program_quest.shtml, or print out the form below and mail to Brooke Friendly at the address on the form by **July 7, 2017**.

Class 1

ECD: Of Emperors and Elephants (The Reconstructions of Andrew Shaw)

For EXPERIENCED and ACCOMPLISHED dancers. Kalia Kliban with Figments (Anna Patton, David Knight, and Owen Morrison). Celebrate the release of Andrew Shaw's newest volume of dance reconstructions (Elephants Stairs) by enjoying a selection of the more challenging dances from this and his previous volumes. This session is intended to be challenging for intermediate and experienced dancers. You'll need to have a strong sense of personal orientation and the ability to learn quickly and recover well. You should also be familiar and comfortable with heys for 3 and 4 in various orientations, triple minor progression, double figure 8s, fast circular heys. These figures are our starting point and will not be taught.

ECD: Watermelon to Chocolate

For dancers of ALL abilities. Brooke Friendly with Charlie Hancock and Jon Berger. Experience the variety of texture and mood as well as the qualities of movement and phrasing distinct to English country dances old and new: lyrical to boisterous, silly to sublime. We will focus on intermediate level skill building, including interesting variations of basic figures, phrasing, dancing in different ways, learning, recovering, and helping.

Ensemble Magic

For instrumentalists and singers of ALL levels. Barry Truter and Susan Larkin. What is it that makes ensemble magic happen? A spirit of adventure, deep listening, finding a groove, playfulness, trust of self and others, space to respond, delight, leading and following, and finding inspiration, are just some of the qualities that contribute. As singers and instrumentalists, we'll explore the possibilities through fun activities, musical exercises, and games that provide great opportunities for learning about ensemble music-making on many levels. We'll deepen our ensemble skills through musical adventures, while delving into practical tips and techniques for playing together regardless of genre. Bring your curiosity, voices, and instruments, and let's create an experience that is far more than the sum of its parts – ensemble magic!

Medieval Mystery Drama

All experience levels welcome. Daisy Black. Take a practical look at performing one of the medieval mystery plays. Explore plays and their contexts as well as speaking medieval language. You will have a chance to write and perform your own version of a medieval mystery play.

Class 2

ECD: Zesty Playford

For dancers of ALL abilities. Andrew Swaine with Nicky McConkey, Jon Berger, Owen Morrison, and Jonathan Jensen. Dance new interpretations of dances from 1651 and the later dances from Playford and beyond, with cracking music, new rhythms, and great dances. There will be opportunity to be quite energetic if you wish. We'll take a look at the considerable additional knowledge we have gained since Cecil Sharp first tried to make sense of this from the 17th century works of John Playford around 100 years ago, roll back a load of misunderstanding and a good deal of complexity that's built up along the way, work out what made them fun then, and see how we might make better use of this amazing heritage in the dances of today. This dance class will complement the Playford Reconstruction class, however, each will be complete on its own. It is fine to take just one of them.

Callers Workshop

Open to ALL. Brooke Friendly. Current ECD callers of any experience level, those considering a career in ECD calling, and those interested in the process are all welcome. We will spend time on a variety of different topics: working with musicians, teaching style, global terminology, social and community aspects, writing an English dance program, adapting for different audiences, setting goals and intentions, etc. Class will include discussion and opportunities to practice calling.

Band Workshop

For EXPERIENCED musicians. David Knight. Hone your skills of English Country dance musicianship, exploring how to craft inspiring, danceable music as an ensemble. We will work in small bands to prepare music for campers' night with an emphasis on the big picture of arranging on the fly. We'll explore how to shape the energy of music over the course of a dance using dynamic range, rhythmic emphasis, and different textures and layers of instruments, and practice listening to other musicians and communicating to our bandmates through our playing. This class assumes you can play at dance tempo on your instrument and either read music or play confidently by ear.

Class 3

Molly Dance

Open to ALL. Daisy Black with Andrew Swaine, Charlie Hancock, and Nicky McConkey. Molly dancing is an ancient tradition from the depths of East Anglia, practised by the ploughboys during the winter months in the Fenland villages. Gog Magog Molly was formed in 1996 and is based out of Cambridge. The original dances were the inspiration for their repertoire, which went on to include their own dances (of increasingly fiendish complexity!). Gogs are easily spotted by their colourful attire and carefully un-coordinating faces.

ECD: Strengthening Your Core

For dancers of ALL abilities. Kalia Kliban with Jonathan Jensen and Jon Berger. Get comfortable with the basic, core figures and formations that make up our ECD

repertoire. Strengthen your core as we work on connection, timing, spatial awareness, and the other delicate arts of fine partnering and dancing. This is an opportunity for newer dancers to build skills and for more experienced dancers to build finesse in a relaxed, fun environment.

Ear Training for Everyone

For instrumentalists and singers of ALL levels. Anna Patton. For instrumentalists, singers, and curious listeners; a class to sharpen the musical ears. We'll practice aural detective work: the most basic skill behind harmonizing, improvising, composing, and finding chord progressions. The class will be taught entirely by ear, through singing, playing, and listening to recordings. It will incorporate an intuitive, applicable approach to basic music theory. We will practice hearing and reproducing intervals, chords, bass lines, and rhythmic nuances. We'll investigate country dance tunes and other popular and folk idioms - whatever intrigues us, and we'll dabble in the art of stealing musical ideas for our own compositions and improvisations.

Folksong Repertoire

For singers of ALL abilities. Barry Truter. Join us for a daily dip into the vast world of folksong. We'll explore different themes, delving into blues/gospel, protest songs, work songs, songs of the sea, and cultural content from Canada, U.S.A., British Isles, Caribbean and South Pacific. Be prepared for lots of a cappella singing and do-it-yourself harmonizing. We'll also reflect on what makes these songs popular and keeps them alive. We'll be learning through listening so no sight reading experience is necessary. Lyric sheets will include chords for the times we might accompany ourselves on chordal instruments such as guitars, mandolins and ukuleles. Come to participate, come to enjoy!

Class 4

ECD: The Dances of Pat Shaw

For dancers of ALL abilities. Brooke Friendly with Charlie Hancock, Anna Patton, and David Knight. Pat Shaw, 1917-1977, was a man of many talents. An amazing choreographer, he wrote more than 140 dances in a variety of styles and levels of complexity. He wrote tunes and songs, and played many instruments. He was the first person after Cecil Sharp to study Playford's original wording and offer his own interpretations of dances from the 17th, 18th and early 19th century as well as traditional English dances collected in the early 20th century. We will concentrate on Shaw's dance compositions, from relatively simple to more complex, and explore a few of his reconstructions.

Playford Reconstruction

Open to ALL. Andrew Swaine with Nicky McConkey. What do we know about the first publication of English Country Dances; what's our best guess on how they were danced, and why? We'll also look at non-Playford early ECD: dances from manuscripts of English Country Dances dating from the time of John Playford's publications. As well as giving some new dances, these give us insights into how these dances were danced, including alternative descriptions to many of the same dances. Many of Cecil Sharp's

interpretations of Playford dances are well established and are arguably a legitimate tradition in their own right – but don't stand up to scrutiny. Knowing what we know now, how might we re-interpret these dances? The reconstruction class will complement the Zesty Playford dance class, however, each will be complete on its own. It is fine to take just one of them.

Playford Jam

For musicians of ALL levels. Owen Morrison. Play dance tunes from the 17th and 18th centuries, while getting ideas for harmonies, rhythmic motifs and accompaniment tools (for all instruments). This will be a mix of slow jam and up to speed playing, some by ear and some with music.

Class 5

Disorganized Sports

Open to ALL. Kalia Kliban. Come out and play! Each day we'll have a different set of games and activities. Some indoors, some outdoors, and perhaps even in the pool! Opportunities for throwing things, relays, strategy, chair games, word and visual games, and the unclassifiable, such as potato dangling, ghost, cracker whistling, and bite the bag. Bring your willingness to get silly! The energy level will vary day by day, and you're welcome to drop in and out as needed.

Dance Grab Bag

All experience levels welcome. A variety of staff and campers. A wide range of choices through the week--something different every day!

Music and More Grab Bag

All experience levels welcome. A variety of staff and campers. A wide range of choices through the week--something different every day!

And there's more!

- Gathering every day prior to lunch. Bring a song, tune, story, joke, silly trick, poem, or whatever you can think of to share!
- Campers' night. The campers take over calling the dances and playing the music!
- Late night dancing, singing, socializing, and special events!
- Afternoon social hours, including the not-to-be-missed auction, pool parties and other merry-making!

[This page left intentionally blank to keep forms on separate pages in case you are printing.]

Hey Days 2017 Program Questionnaire

So you're coming to camp! We look forward to seeing you there. It will be a big help to get an idea of what classes you are most likely to attend. This is not a final commitment and you can change your mind once at camp. We prefer that you fill out and submit the on-line version of this form available at http://www.bacds.org/camps/eweek2017/camper_info/program_quest.shtml, but you may instead print out this form and mail it to Brooke Friendly at the address below.) Class descriptions are also provided on the website: at <http://www.bacds.org/camps/eweek2017/program/descriptions.shtml>

Name: _____

First period

- ___ Advanced ECD – Kalia Kliban
- ___ ECD: Watermelon to Chocolate – Brooke Friendly
- ___ Ensemble Magic – Barry Truter and Susan Larkin
- ___ Medieval Mystery Drama – Daisy Black

Second period

- ___ ECD: Zesty Playford – Andrew Swain
- ___ Callers Workshop – Brooke Friendly
- ___ Band Workshop – David Knight

Third period

- ___ Molly Dance – Daisy Black
- ___ ECD: Strengthening Your Core – Kalia Kliban
- ___ Ear Training for Everyone – Anna Patton
- ___ Folksong Repertoire – Barry Truter

Fourth period

- ___ ECD: The Dances of Pat Shaw – Brooke Friendly
- ___ Playford Reconstruction – Andrew Swaine
- ___ Playford Jam – Owen Morrison

Fifth period

- ___ Disorganized Sports – Kalia Kliban
- ___ Dance grab bag – a variety of staff and campers
- ___ Music grab bag – a variety of staff and campers

For campers: If you would like to lead a one-day 5th period dance, music, song, or other grab bag session, please indicate

topic of grab bag session you propose: _____

details to help us choose and schedule - type of room, musicians, equipment:

For musicians: Tell us the instruments you will be playing during camp: _____

Level of experience playing English country dance music (all levels welcome): _____

For callers / aspiring callers: Would you like to call during Campers' Night? _____

If submitting by mail, send to:

Brooke Friendly
645 Glenwood Dr.
Ashland, OR 97520

[This page left intentionally blank to keep forms on separate pages in case you are printing.]

Name _____ Name as you want it on your nametag: _____

Payment and Housing/Food Preference Form

Housing Preference: Couples, you will have a room to yourselves unless you specify otherwise. Accommodations for singles are mostly in rooms for three or four. There are some cottages for four or five (two bedrooms with a living room). All rooms have bathrooms en suite or adjacent. Linens, including towels, are provided. There are also tenting spots with bathroom and shower facilities. We will do our best to accommodate requests, but we can't promise to give everyone exactly what they want.

If you have special requests, please let us know. _____

Campers get a roster of attendees containing contact information. Please do NOT include my _____ address _____ phone number _____ email address in this roster.

Are there people you know are coming to camp with whom you would particularly like to room? Who?

For roommate assignments, are you (check one) Early riser? _____ Late night person? _____

For Couples: Double bed: _____ Twin beds: _____ Don't care: _____

Dietary Needs:

Are you vegetarian, vegan or follow other dietary restrictions? _____

Do you have any food allergies or dietary issues we need to be aware of?



T-shirts: Featuring the graphic (above) by Bishops Ranch artist Lisa Thorpe, available in a men's crew tee and a ladies' v-neck style, in colors purple and "vintage orange". The graphic will be in white ink to contrast with the shirt colors. View them at:

Hey Days: BACDS English Dance and Music Week 2017

<http://tinyurl.com/n4dt4pd> (Men's Nano-T, you need to select colors from palette);

<http://tinyurl.com/jvz77tw> (Ladies Nano-T v-neck, you need to select colors from palette);

Manufacturer's description: Ultra-light cotton jersey. Contemporary styling for a slimmer fit. Go up a size if you prefer a roomier fit.

Send payment with this form. We'll have your shirt(s) for you at camp.

Men's Nano-t shirts (\$20)	purple	S M L XL XXL XXXL
	vintage orange	S M L XL XXL XXXL

Ladies' Nano-T shirts (\$20)	purple	XS S M L XL XXL
	vintage orange	XS S M L XL XXL

Payment Summary

Camp registration balance due: \$_____ (amount shown in e-mail from registrar)

T-Shirt total due: \$_____

Any additional donation to camp: \$_____

Grand total due July 7, 2017: \$_____

Make checks payable to BACDS. US Funds only.

Please return this form with any payment due to: **BACDS c/o Cat Fox**
2170 Carlmont Drive Apt #3
Belmont, CA 94002